



Part One: When You Feel Broken Inside // August 8, 2021 // Jeff Brodie

If you're honest, after the year we've had, you don't have to look very far to see brokenness in the world around you--or in your own life. You see people you love facing mental health challenges, marriage struggles, sickness, and even financial hardship. On the other hand, you and I are rebuilders! God calls us to be a force for change in the world. We love a good restoration, makeover, or story of redemption. But where do we start? How do you rebuild your broken world?

Scripture: [Nehemiah 1:1-9 NLT](#), [1 Peter 2:24 NLT](#)

Bottom Line: Let what's broken break your heart, and bring what's broken to God's heart in prayer.

Getting Started:

1. Do you enjoy watching shows like Love It or List It, Fixer Upper, or Rust Valley Restorers? Why or why not?
2. Have you ever restored or rebuilt something? What was that process like?

Jumping In:

3. When something needs fixing, are you a person who wants to jump into action? Explain.
4. What things did you think of when Jeff shared about seeing the brokenness in our world?
5. Can you think of one or two areas of your life that might be broken? Consider sharing them with the group.

Discuss:

6. Read Nehemiah 1:1-3. Have you ever returned to an area of your life or a relationship, only to find it different than you left it? How did it make you feel?
7. Jeff shared that "brokenness leaves us feeling vulnerable and ashamed." Have you ever experienced this? Take a chance on sharing this experience with the group.
8. Read Nehemiah 1:4. Is this your first response to the brokenness you see in your life or your world? Why or why not?
9. Why do you think that it's so difficult for us to lean into our brokenness?
10. Read Nehemiah 1:5-9. What does this passage teach us about what it looks like to pray about brokenness?

11. Read Nehemiah 1:9. How does this verse change your perspective on sitting with your brokenness and bringing it to God in prayer?

Moving Forward:

Take a few minutes to think about this prayer, and fill in the blanks with your own brokenness.

God, my heart is broken for _____. I confess that I _____. Meet me here.

Then, text your prayer to 705-990-5090 to share it with our prayer team. They will be praying with you as you move towards rebuilding you.