



Hearing From God: White Noise // Jeff Brodie - April 19, 2020

Tips for Participating in Online Discussions:

- Turn on all the lights in your room.
- Mute yourself when you're listening to others.
- Use people's names a lot to draw each other in.
- Put your camera at eye level.
- Speak a little louder than normal.

Message Recap: The world is full of noise vying for your attention every day, but you rarely think about it. Who are the voices you listen to most? What about the voice of God? Do you hear His voice at all? If He spoke, would you know it was Him? Or maybe it was just something you ate? We'll be looking at what the voice of God sounds like and how you can begin to hear it.

Scripture: [Romans 1:20 NLT](#); [1 Kings 19:9-13 NLT](#)

Bottom Line: God is whispering in the midst of your white noise.

Getting Started:

1. Would you say that you have heard God's voice before? What was the experience like? How did you know it was Him?
2. Have you ever experienced someone claim to hear God's voice and it made you skeptical?

Jumping In:

3. Jeff shared that often our lives are so full of voices that our lives can lack meaning. What people, messages, voices from the past, or temptations are speaking into your life and looking for your attention?
4. Professor Cal Newport claims that we live in a “digital attention economy”. Do you think how digitally connected we’ve become has changed how we experience the voices in our lives?

Discuss:

5. Read **Romans 1:20**. According to this verse, how can we experience the transcendent nature of God? Have you ever had a moment where you looked at our world and were reminded on the inside that God is bigger than you?
6. What are some of the stereotypes that you think people have about what God’s voice sounds like?
7. Read **1 Kings 19:9-13**. What are some of the ways God appeared to be speaking to Elijah in this passage. In the end, how did he speak? God’s immanent nature means that He’s close enough to whisper. He wants to speak to us and there is power in His proximity. What is encouraging about this? How do we take it for granted?
8. Jeff shared how our culture now values “staying connected” so much, that we have solitude deprivation. Do you ever find yourself completely unplugged (including phone turned off)? Does sitting quietly ever make you nervous or uneasy? Or does it feel peaceful or even sad? Why do you think so many people struggle with silence and solitude?
9. Jeff challenged us to find a “whisper spot” this week. Ten minutes of stillness, silence and solitude (no phone either). Have you tried it yet? How was it? (Read **Psalms 46:10** together. This is a great verse to read when you start).
10. If you are up for it, try five minutes of silence right after group tonight. If not tonight, try tomorrow morning. Message your group to share what you observe from the experience.

Remember: You can’t hear God’s whisper in the white noise if you aren’t positioning yourself to listen.

Moving Forward:

Next week Jeff will be talking about how to know if God is actually the one speaking to you and other ways to position yourself to hear from Him. Before Sunday, take some time to think about the voices in your life. What are the

voices you should lean into? Is God at the top of that list? Maybe this series is a chance for you to hear from Him.