



FAMILY PLAN

WELCOME TO A NEW YEAR. Yeah, we're thinking the same thing—didn't we just do this? 2019 is going to happen, whether you plan for it or not. But what if this next year didn't just happen? What if you had a plan, some intentionality driving your times together? This worksheet is designed to help you do that. We want you to come up with a plan for your family, not ours, not someone else's. But a plan that fits who your family is—what you like to do, who you want to be.

Gather your crew together. Snacks are always good—especially if you have teens. And come up with your family plan for 2019. Let's get started.

YOU'LL NEED:

- a whiteboard or chalkboard to write down ideas from everyone (or index cards)
- a print out of the next two pages

OUR FAMILY: 2019

STEP 1: OUR WORD OR MOTTO

What's your family's **word** for the year? Maybe it's "kindness" or "serving." (Maybe it's macaroni—we don't know. Maybe your family really likes macaroni.) Or maybe you can't decide on just one word. You might think of a string of words that form a family **motto**. As a family, list out all your options on a chalkboard, whiteboard, or index cards. Let everyone have input and then as a family decide on your word or motto.

Our word or motto:

STEP 2: OUR FUN

How is your family going to have fun this year? The goal is to come up with 5 fun things to do this year. Be realistic, which means time travel or a trip around the world might not make the list. Write them down here, and bonus points if you can schedule them out (even if it's just assigning them to a month). Make every effort to make your top 5 happen this year.

Our 2019 Family Fun:

1. _____
2. _____
3. _____
4. _____
5. _____

STEP 3: OUR STORIES

Stories are an important part of our lives. They bring us together. They help us understand those different from us. They help us understand ourselves. As a family, make a list of 5 books or 5 movies you want to make sure you read/watch together this year. (If you're not sure what books may be ideal for the phase your child is in, check out the Phase Guides at parentcuestore.org.)

Books/Movies:

1. _____
2. _____
3. _____
4. _____
5. _____

STEP 4: OUR WORK

What are some things you, as a family, want to learn how to do? Maybe you want to learn how to build a shed. Or change a tire. Or cook your way through a cookbook. As a family, make a list of 5 things you all want to learn how to do together in 2019:

1. _____
2. _____
3. _____
4. _____

STEP 5: OUR TRIBE

The people around our family are important, especially those we invite into our "tribe." As a family, identify 1 person or 1 family you want to get to know better this year, and then as a family, brainstorm some ways you can do that!

Person/Family:

Ways we can get to know them better:

YOU DID IT! YOU MADE A PLAN FOR THE YEAR!

2019 isn't going to know what hit it! And when you do all these things, you will be well on your way to giving your kids the one thing they need most over time: Love.

Now post this list where everyone in the family will see it often and will be reminded to make these things happen.

*For age-specific ideas for all of these topics,
check out the Phase Guide for your child or children's ages
at **WWW.PARENTCUESTORE.ORG**.*