



Week 3 // Vijay Krishnan // March 1, 2026

If we're honest, prayer can seem easier to talk about than to practice. We say "I'll pray for you" but often forget. We believe God is near, yet default to planning, worrying, or strategizing instead of praying. This week invites us into something more vulnerable and powerful—not just praying *for* people, but praying *with* them. Through the image of Jesus blessing children and Paul's prayer for the church, we see that prayer can become relational, embodied, and courageous.

Scripture: [Mark 10:13-16 NLT](#) // [Ephesians 3:14-19 NLT](#)

Bottom Line: Don't just pray *for* people—pray *with* them.

Digging In:

Reminder: The goal is a good discussion, not completing every question. Use these as a tool to help.

1. Why do you think it's often easier to think, talk, or take action about something than to pray about it? What do we find so difficult about prayer?
2. Vijay talked about the challenge of prayer being "private, silent, and non-relational." How are each of these a potential problem?
3. Read Mark 10:13-16 together. What stands out to you in this passage as it relates to prayer? How does it model what prayer could be?
4. The word "blessing" has the idea of speaking good words that bring God's presence near. How does that reshape how you see prayer?
5. Why do you think Jesus was angry when the disciples tried to stop the children from coming? What does this reflect about his heart toward them—and toward us?
6. Look at Ephesians 3:14-19. What is Paul's main prayer for this first-century church? How would you articulate what he wants for them?
7. Why is experiencing God's love more transformative than simply knowing about it? Can you recall a moment when you experienced God's love in a personal and powerful way? What happened?
8. Who in your life needs to not just know about God, but experience his presence through prayer with you? What step can you take toward this person this week?
9. What fear most holds you back from praying with someone (rejection, awkwardness, not having the right words, unanswered prayer, etc.)? How can you overcome this fear?

10. How could praying with your spouse, child, or friend deepen that relationship? What would change if praying together became the norm?
11. If you kept prayer simple—one idea, one image, one blessing, one verse, one sentence—what would that look like for you?

Looking Forward:

This week, choose one person—a spouse, child, friend, coworker, or family member—and take the courageous step to pray with them. Keep it simple: thank God for them, ask that they would know his love, and invite his presence into whatever they're facing. Don't wait for perfect words. When fear shows up, remember: Jesus thinks it's a really good idea to bring people to him.

Here's the prayer Vijay shared in the message—feel free to use it if you'd like:

Jesus, I bring _____ to you today. Help my words to be your words to them today. God, help them to know how much you really do love them. Give them your strength in the areas of their life where they feel weak or empty. Jesus, help them to feel your presence close to them, as close as we are right now. Amen.

(And don't miss out on the opportunity to pray with one another during your small group too!)