



## Part 3: Water // Luke Crawford // March 22, 2026



Have you ever had a moment where everything in your life looked good, but something still felt off? Like there should be more? More depth, more joy, more meaning? This week's message taps into that quiet but persistent ache in all of us—the sense that even when life is full, our souls can still feel empty. What if that longing isn't a problem to fix, but an invitation to experience something deeper—someone closer—than you ever imagined?

**Scripture:** [Ezekiel 47:6-9 NLT](#) // [John 7:37-39 NLT](#)

**Bottom Line:** Where the Holy Spirit's presence flows, life flourishes.

***Don't miss the special section of questions and activities at the end of this group discussion guide that are meant to help us reflect, pray, and take simple next steps as Easter approaches.***

### Digging In:

*Reminder: The goal is a good discussion, not completing every question. Use these as a tool to help.*

1. Have you ever reached a goal or milestone and still felt like something was missing? What was that experience like?
2. Luke suggested, "Our lives are full, but our souls are thirsty." Where do you feel that tension right now?
3. What are some things people commonly turn to seeking satisfaction—and why do they come up short?
4. Read Ezekiel 47:6-9 together. What stands out to you about the picture of water bringing life wherever it flows? What do the river, trees, and healing waters symbolize about God's presence?
5. Read John 7:37-39. In v. 37, Jesus says, "Anyone who is thirsty may come to me." What kind of "thirst" do you think he's talking about?
6. Why is recognizing our need so essential to experiencing God's presence?
7. Jesus says, "Rivers of living water will flow from his heart" (v. 38) What does it mean that God's life flows first *to you* and then *through you*?
8. Are you living more like a "reservoir" (keeping good things to yourself) or a "river" (letting good things flow through you to others)? How so?

9. Where in your life do you feel dry, stuck, or lifeless right now? What are you currently trying to use to “fill the glass” of your life—and how is that working?
10. Luke asked, “Is the Holy Spirit a formality or a reality in your life?” How would you answer that? What would it look like for you to honestly pursue God’s life-giving presence?
11. Who might God be inviting you to share his life with—to let that “living water” flow outward? What step could you take in that direction?

**Looking Forward:**

This week, pay attention to where you feel spiritually thirsty. Instead of trying to fill that space with more activity, success, or distraction, bring your need honestly to Jesus. Each day, name one area where you need his help and invite the Holy Spirit into it. Don’t just ask to be filled—ask that his life would flow through you into the people around you.

### **Easter Invitation // Group Reflection & Prayer**

At Connexus, we want to be the easiest church to invite our friends to. Invitation isn’t about pressure or persuasion—it’s about loving people well and trusting God with the results. These questions and activities are meant to help us reflect, pray, and take simple next steps in these four weeks leading up to Easter.

***Week 3 // Courage Over Comfort***

**Reflection Questions:**

- What’s the biggest thing that holds you back from inviting someone—fear of rejection, awkwardness, not knowing what to say?
- How does remembering that God is already at work in people’s lives change how you approach invitation?

**Group Activity:**

- *Practice the Invite:* In pairs, practice a simple, natural invitation—no scripts, no pressure. For example: “Hey, my church does something meaningful at Easter. No pressure, but I’d love to have you come with me.”
- End by praying for courage and surrendering outcomes to God.