



Jesus' Posture // Jeff Brodie // September 14, 2025

Power usually means privilege, but Jesus flipped the script. The night before his death, he picked up a towel and washed his followers' feet. What if our posture as a church looked like that—serving, loving, and lifting others up? This week is all about discovering how humility changes everything.

Scripture: [John 13:1-17 NIV](#); [Mark 10:42-45 NLT](#)

Bottom Line: Humility turns power into purpose.

Digging In:

Reminder: The goal is a good discussion, not completing every question. Use these as a tool to help.

1. When you hear the word "power," what's the first thing that comes to mind?
2. Which "currency" of power (money, position, time, networks, platform) feels most real in your life right now? And which are you most tempted to hold onto rather than spend in humility?
3. Have you ever been under someone else's power—a boss, coach, teacher, or parent—who used it well? What made it positive? Have you had a negative experience, and why?
4. Read John 13:1-17 and discuss the following:
 - a. Why do you think John emphasizes that "Jesus knew that the Father had put all things under his power" before describing him washing feet?
 - b. How does Peter's reaction ("never!" to "give me a full bath!") reflect the struggle to accept Jesus' humility?
 - c. Jesus washed Judas' feet, knowing fully that Judas would betray him. What does this reveal about the posture of Jesus?
 - d. How do you hear Jesus' words in verse 14: "Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet"?
5. Read Mark 10:42-45 and unpack these questions:
 - a. How is Jesus' teaching about leadership ("not lording over but serving") different from how leaders usually operate today?
 - b. What do you think Jesus means when he says, "Whoever wants to be a leader among you must be your servant"?
 - c. How does Jesus connect his own mission ("to give his life as a ransom for many") with how we should lead and serve?

6. Jeff's message warned about being in "tragic proximity" to Jesus (close to him, but not surrendered). Have you ever felt that in your own life? What happened?
7. When has someone served you in a surprising way that stuck with you?
8. Who in your life might be hardest for you to "wash feet" for right now? How so?
9. If Connexus has "power" as a church (gospel, Holy Spirit, spiritual gifts, alignment), what risks do we face if we use it poorly?
10. How could our church demonstrate a posture of "invitation, not insulation" in Simcoe County? What might this look like?
11. Imagine if our whole church consistently lived out Jesus' posture of humility. What would that mean for our community?

Looking Forward:

What is one step you personally could take this week to adopt Jesus' posture of humility in your home, school, workplace, or friendships? How could you turn power into purpose?