



Part 3 // Tammy Giffen // August 20, 2023

Scripture: [John 20:1-2, 24-28 NIV](#)

Bottom Line: Jesus wants to meet you in the midst of your doubt.

Discuss:

1. What are your first memories or experiences with church? What are the emotions or feelings that you associate with that?
2. Have you ever had moments or seasons in your life where you've doubted what you believe about Jesus? What happened?
3. Tammy talked about Mary Magdalene and the two disciples' encounter at the tomb after Jesus' resurrection in [John 20:1-2](#).
 - a. Try to picture yourself in their shoes. What might your doubts look like in that situation?
 - b. How does this compare to your life situation today?
4. Read [John 20:24-28](#).
 - a. Tammy mentioned that in some ways, we're all a little bit like Thomas. Can you relate to him in this passage? Why or why not?
 - b. What does this passage teach us about doubt?
5. Tammy shared that doubt often leads to distance and isolation. Have you experienced this to be true in your life? Explain.
6. Read [John 20:26-28](#). What do these verses teach about Jesus' desire to be with you in your doubts? How does this realization encourage you at this time?

Moving Forward:

Tammy highlighted two ways that Thomas worked through his doubt and disappointment:

1. He walked back into community.
2. Jesus met him where he was.

Which of these two actions is harder for you to take: stepping into community or actually believing that Jesus will meet you in your doubt? How so?

What is your next step this week toward either processing your own doubt or coming alongside a friend or family member in that position?