



Deniel Sewell // March 24th, 2024

When you experience something that changes everything, you can't help but share it. As Jesus journeyed toward the cross and the tomb, different people along the way were invited to come and see. As his journey progressed, it became less clear what God was doing in the moment, but more clear to us today—clear that the invitation to come and see isn't just a physical one, it's a spiritual one. It's an invitation of forgiveness, hope, and freedom. It wasn't just news for a moment, but good news for all humanity. Good news for you, and it's definitely worth sharing.

Scripture: [Matthew 26:36-46 NLT](#)

Bottom Line: Vulnerability with God is the first step to aligning your heart with his better purpose.

Discussion Questions:

1. Do you have someone with whom you share your highest highs and lowest lows? What does this mean to you?
2. Deniel shared that even with those closest to us, we often keep a part of ourselves hidden. Why do you think this is the case? What are the potential consequences—good and not-so-good—of fully revealing ourselves to others?
3. How does societal pressure influence our willingness to be vulnerable, both with others and with ourselves? How might cultural expectations shape our understanding of vulnerability and its perceived risks?
4. Deniel suggested that, like Jesus, individuals may face difficult circumstances as part of fulfilling God's purpose for their lives. Can you identify moments in your own life where you felt called to navigate through tough situations to fulfill a greater purpose? How did relying on God's guidance and faithfulness impact your journey through those trials?
5. Despite his distress, Jesus shifts from expressing his own desires to surrendering to God's will, saying, "Not my will, but yours be done." How does Jesus' submission to God's plan amidst his suffering serve as a model for believers facing their own trials? In what ways can trust in God's wisdom and sovereignty provide comfort during difficult times?
6. The message pointed to the importance of authenticity and vulnerability in prayer, drawing parallels to Jesus' example of pouring out his heart to God. What barriers or hesitations do you encounter when it comes to being vulnerable in prayer? How might you overcome these?
7. Reflecting on Jesus' example of persistent prayer, how can we cultivate a persevering spirit in our own prayer lives? What might that look like for you?

Moving Forward:

As we head toward Easter, what gift can you fast from this week in order to redirect your heart toward the Giver of all good gifts (see [James 1:17](#)). Visit <https://connexuschurch.com/fasting/> for helpful resources.