



Be One Person In Your Desires // Jeff Brodie // July 5, 2026

Have you ever felt like you're having the same fight over and over again, just with different people or different circumstances? James says our biggest battles aren't just around us; they're happening within us. Discover how your recurring conflicts reveal the deeper desires of your heart, and how God can transform them. Join us this Sunday as we learn what it means to live with an undivided heart.

Scripture: [James 4:1-10 NLT](#); [Luke 18: 9-14 NLT](#)

Bottom Line: Stop fighting to win, and start asking to be changed.

Digging In:

1. What is one small space, routine, or possession in your life that seems to be a regular source of frustration?
2. Have you ever realized that a small argument was really about something deeper than the thing you were arguing about?
3. Read James 4:1-10 NLT. Early on, James says our fights often come from desires “at war within” us. What stands out to you from that diagnosis?
4. Jeff said, “Your external arguments tell you something about your internal desires.” Where have you seen that be true in everyday life?
5. Why do you think James connects conflict with prayer and motives?
6. What is one desire that can become a “terrible god” if it rules your life - control, success, approval, comfort, being right, comparison, or something else?
7. Tell about a time when you got what you wanted, but it didn't actually give you what you hoped it would.
8. James uses strong language about being “friends with the world” and “adulterers.” What do you think makes divided loyalty so serious to God?
9. Humility, resistance, drawing near to God, and confession are counter-cultural ways of “being lifted up” in the things that matter. Which of these do you find hardest and why? Which one do you wish you understood better?
10. Where do you sense God inviting you to stop fighting to win and start asking to be changed?
11. Read Luke 18:9-14 NLT. What does this teach you about prayer?
12. What would it look like this week to pray, “God, make my heart undivided”?

Moving Forward:

Each day this week, pause when you feel frustration rising and pray:

“God, what desire is underneath this? Give what you command, and make my heart undivided.”

Then take one humble step instead of reacting.

Prayer Prompts:

Pray for God to reveal the desires underneath your recurring conflicts.

Pray for courage to grow in humility, resistance of the devil, regular time drawing near to God, and confession.