



Part Two: You Can Start Over // Mark Clark // February 13, 2022

Ever think that God is done with you? That it's too late to start over? You aren't the only one who has believed that. In this message, Mark Clark walks us through a turning point for Jonah in the Book of Jonah.

Scripture: [Jonah 2 ESV](#), [1 Corinthians 1:26-31 ESV](#), [Romans 8 ESV](#)

Getting Started:

1. What is the most painful experience (literally or figuratively) you have ever experienced?
2. Have you ever experienced the kind of pain or suffering that Mark referred to in the message as he described Jonah's circumstances?

Jumping In:

3. Take some time to think about the worldly things you might be pursuing (fame, money, success, sex, etc.). How might this be comparable to pursuing a false god (like the people of Ninevah)? Consider sharing this with the group.
4. Mark shared that some of us may choose to worship our feelings above God. Can you relate to this? Why or why not?
5. What would your response be if someone like Jonah came to your house today to tell you to stop worshipping these things or feelings above God?

Discuss:

6. Read Jonah 2. Here, Jonah cries out to God in prayer after experiencing great suffering.
 - a. How does Jonah's prayer of suffering impact you?
 - b. Have you ever found yourself praying a similar prayer to God? Explain.
7. Mark shared that Jesus is present with us through our pain and can use our pain and suffering to make us become more like him. How does this change your perspective of what it means to live through a painful experience?

8. Mark challenged us to make knowing God more personal so that we would not just know Him but love him too. What can you do this week to take a step toward making your relationship with God more personal to you?

Moving Forward:

"Prayer is the main way we experience deep change—the reordering of our lives. Prayer is how God gives us so many of the unimaginable things he has for us. Indeed, prayer makes it safe for God to give us many of the things we most desire. It is the way we know God, the way we finally treat God as God. Prayer is simply the key to everything we need to do and be in life." - Tim Keller