

Part Two: Steps to Rebuilding Your Life // August 15, 2021 // Jeff Brodie

In part one, we discovered the starting point to fix the brokenness in your life. First, let what's broken break your heart, and then, bring what's broken to God's heart. But what do you do next? How do you move forward in the process of fixing the brokenness in your life? Pre-deciding the action you will take when brokenness shows up in your life could change everything.

Scripture: Nehemiah 2:1-8, 16-18 NLT

Bottom Line:

Rebuild Step 3: Pre-decide your first move.

Rebuild Step 4: Create a specific plan and cast a bold vision.

Rebuild Step 5: Get the right people around you.

Getting Started:

1. Would you consider yourself handy? Or are you someone who needs to call a "professional" when it comes to fixing broken things in your home or with your car?

Jumping In:

- 2. Last week Jeff asked us to let what's broken in our lives break our hearts and then bring it before God's heart. Did you find it difficult to sit in the brokenness of your life? Why or why not?
- 3. Do you find it easier to act or to let others act? How so? What do you think that highlights for you to consider as you endeavour to fix the brokenness in your life?
- 4. Jeff shared that "your burden is the beginning of rebuilding." Share what burden is on your heart right now that you want to make a plan to rebuild.

Discuss:

- 5. Read Nehemiah 2:1. Jeff shared that the month of Nisan indicates that this update on Nehemiah's progress was four months later. What would it look like if you had four months to think about something? Would you struggle to come up with a plan? Or would it be way too long for you to sit with and process your plan?
- 6. Read Nehemiah 2:2-3. Have you ever pre-decided to do something before the opportunity to make a choice came up? What was that experience like?

- 7. Jeff shared that there is a difference between *passive waiting* (you've named your brokenness, but you're passive about the next step) and *active waiting* (you've named your brokenness, and you've pre-decided your next step when the opportunity comes up). Where do you need to move from passive to active waiting as you face your own brokenness?
- 8. Read Nehemiah 2:4-8. This passage outlines Nehemiah's plan for when the opportunity presented itself for him to return to rebuild his city. Is this something you find difficult to do--to make a specific plan to fix what's broken? Why or why not?
- 9. Read Nehemiah 2:16-18. This passage lays out the bold vision Nehemiah cast for rebuilding his city and the people he put around him to bring it to life. Who are the people you could invite to surround you as you take steps towards rebuilding what's broken in your life? What makes these people ideal for this role?

Moving Forward:

This week take time to think through steps 3-5, write down your plan on paper, and consider sharing it with someone you trust.

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